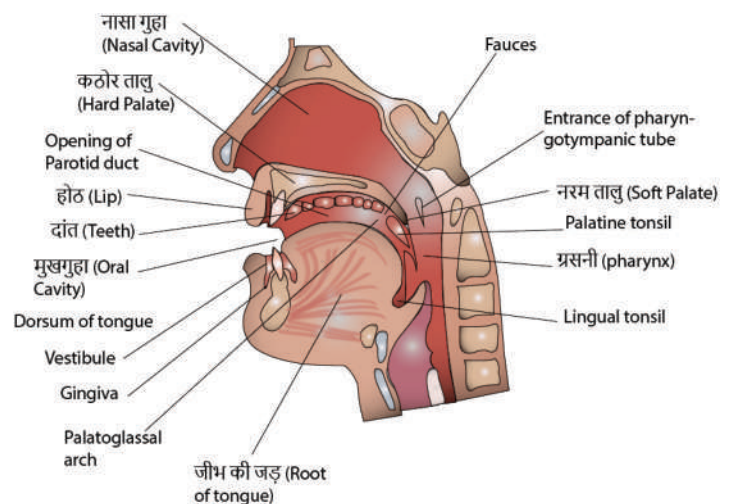
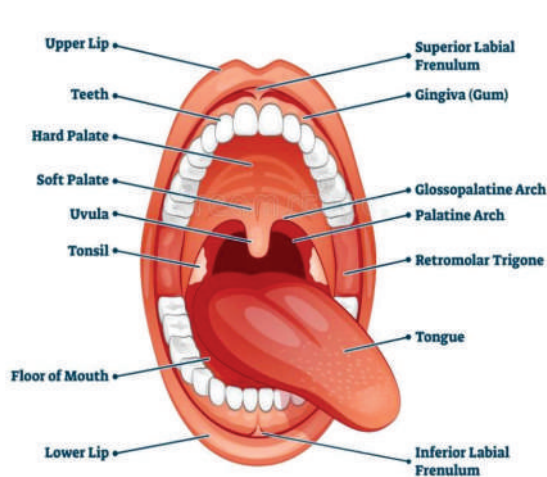


## Recovery After Head and Neck Cancer Surgery: Speech and Swallowing Care

- Oral cancers form the bulk of head and neck cancers. Surgery plays a vital role in the treatment of these cancers.
- Minor surgical procedures usually require a short recovery period, allowing patients to return to their normal activities within a few days. In contrast, major surgeries often require a longer recovery time and more intensive rehabilitation.
- After surgery, patients may need to modify their diet to include thin liquids, pureed foods, and soft, moist food consistencies to ensure safe swallowing and adequate nutrition.
- Minor surgeries may cause temporary and mild difficulties with speech and swallowing. However, major tongue surgeries can significantly affect speech clarity and swallowing function. In such cases, consultation with a speech and swallowing therapist is essential for better speech and swallowing.



**Speech & Swallowing Clinic, 3<sup>rd</sup> Floor**

Timings: Mon, Wed, Thu - 10 am to 6 pm & Tue, Fri, Sat - 9 am to 5 pm

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